



Preparation For College: Sport & PE

For students wanting to study: Fitness Instructor Award, Football Coaching Diploma, Personal Training & Sports Massage, Sport Level 2, Sport & Physical Education, Sport (including Sport & Exercise Science)

Please have a good read of the Sport booklet attached to the Preparation Work part of the Itchen website which outlines the subjects we offer here at Itchen as well information about the Academy of Sport.

To support your academic study between now and when you join Itchen, we would like you to use our online resource called The EverLearner. Please have a look at the site by clicking [here](#). The EverLearner is an excellent resource which supports your learning outside of the classroom. You will have free access to it when you join Itchen College.

In the meantime if you are planning to study A Level PE or BTEC Sport at Itchen please send us an email to jbedwell@itchen.ac.uk. Please Include the following information:

First Name:

Surname:

Email Address:

When we receive your email we will quickly reply with some work and tasks to complete.

Social Media

Make sure you keep up to date with Itchen Sport via our social media channels. Here you will find the latest news on Itchen Sport, fitness challenges and regimes and the latest success stories about our talented

students. You can also follow Yasmin Parsons - Itchen teacher, Netball Vitality Roses player and Surrey Storm player for the latest home workouts, ball skills and nutrition advice as an athlete during lockdown.

Yasmin's Instagram: @yazz_healthandfitness

Instagram: @itchensport and @itchencollege

Twitter: @itchensport, @itcbnball and @itchencollege

**ITCHEN
SPORT** 

