



PLAN FOR THE CARE OF INTERNATIONAL STUDENTS WITH IDENTIFIED PHYSICAL OR MENTAL HEALTH CONDITIONS

It is important to identify physical or mental health conditions and to have full details so that we can provide any support that is required for our students.

AT APPLICATION

At the application stage, we ask potential students to declare if they have any medical conditions on the initial application form. If yes is ticked then there is a free box to add details.

AT ACCEPTANCE

When a student accepts a place to study with us as an international student, we ask them to complete pre-arrival & medical forms to provide full details. These forms prompt the student to provide us with the information we require and include:

- A tick box for common conditions including allergies and travel sickness, with a free text box to add more details.
- A direct question asking if students have, or have had, eating disorders, emotional or mental health issues. There is a free text box to provide details.
- A direct question asking if students are currently receiving medical or surgical treatment of any kind, or are currently receiving counselling. There is a free text box to provide details.
- A direct question about food intolerances. There is a free text box to provide details.
- A direct question about specific dietary requirements indicating that gluten free, coeliac, dairy free, lactose free, vegan and halal dietary requirements will incur a supplementary payment. There is a free box to add any other specific dietary requirements.

- A direct question about living with pets to identify not only allergies but also those who are nervous of living with animals.
- A question to collect details of medicines that students will bring with them including prescription drugs.

From the information a student submits, we identify physical or mental health issues. If we require further information for any condition, we would follow this up by talking with the agency, students or parents to ensure that we know what to expect and can provide the support that may be required.

GENERAL

As a college, we believe in equality of opportunity. We need comprehensive information regarding physical and mental health conditions because in the absence of a student's parents it may be necessary to make immediate decisions for a student's health, safety or wellbeing.

The majority of our students are also under the age of 18 and/or away from their parents or guardians. The information recorded is vital in the unlikely event that there is an incident. Our students will participate in activities and also may go on college organised trips where it is important to hold details of medical conditions on a central document in case of incident or accident.

We always collect the details of a student's doctor including the telephone number to give to the UK National Health Service (NHS) in the event they require hospitalisation or emergency treatment.

If we have any serious concerns, we may ask the student to go to their own doctor to obtain written confirmation that they are medically fit to travel.

AT ENROLMENT

When students arrive, the enrolment system prompts staff to record health issues. If necessary, enrolment notes are added so that all staff are aware of information that will support a student whilst studying with us and living in our homestay accommodation. The College State Registered Nurse checks the recording of

necessary information on our computer system. The College uses a flag system so staff can quickly identify issues.

COLLEGE ORGANISED TRIPS & ACTIVITIES

When students join college-arranged trips, the risk assessment through the Evolve Risk Assessment for Educational Visits system includes any special arrangements required due to medical conditions. All staff on trips will have the necessary information on the paperwork issued to them.

CARE PLAN SYSTEM

The College has a Care Plan system for students identified with a serious illness or condition that requires such. This would be instigated by the College Nurse once identified and would include an assessment of their health or care needs, their medical history, personal details and information about the care and support that may be delivered to them, including when this would happen and by whom.

RED, AMBER, GREEN (RAG) RATING OF STUDENTS

We use the Red, Amber, Green or RAG colour coding system to highlight to staff those students who are vulnerable or may require additional care or welfare support. This provides a simple universal language for staff members to have a shared understanding of a situation and helps prioritize resources where they are most needed.

Based on the information received during the application, acceptance, pre-arrival and enrolment processes we give students a RAG rating as follows:

RAG Rating	Risk Level	Suggested Check-in Frequency	Key Actions & Notes
 Red	High/Immediate Risk	Minimum Weekly Contact, or more often as needed.	Immediate escalation is required. May involve daily checks or multiple contacts per week, including face-to-face contact. The goal is close monitoring and rapid intervention.
 Amber	Moderate/Changing Risk	Less Frequently than Weekly, but Regular.	Check-ins may be needed weekly or fortnightly. This includes students with a change in behavior, moderate levels of distress, or a history of mental health problems, who maybe vulnerable but not in immediate crisis. The frequency should be adjusted based on their coping ability and engagement.
 Green	Low/Non-Urgent Concern	Regular, but less intensive support as no concerns at present.	Check-ins might be monthly, quarterly, or as part of general, proactive well-being support. These students have no known immediate risk, but could benefit from extra support and being monitored.

All students are continually monitored and reassessed against this criterion and re-categorised as necessary.

MENTAL HEALTH ISSUES

When we identify mental health issues, the College Nurse, Safeguarding Lead, as well as our Safeguarding Officer in the International School are fully informed. They will meet with students requiring support to introduce themselves and outline what support is available.

The College has systems in place to support emotional health issues, including stress, low self-esteem, low mood, sleep issues, worry, anger and relationship issues through a Wellbeing Practitioner.

There is Education Mental Health Support through a team that can provide support for low mood, depression, generalised anxiety, simple phobias, sleep and stress management including exam stress.

There is a counselling service where referred students can talk about anything that is worrying them, including situations that have affected their life or issues they are finding difficult to manage. These issues include home life, trauma, abuse, bereavement, substance misuse, mental health, relationships or how they feel about themselves and their future.

There is a No Limits Primary Mental Health Practitioner who will see students who are experiencing mental health difficulties that need more specialist support and they will signpost to any other suitable agencies.

OTHER USEFUL RESOURCES

We have various posters displayed throughout the College which signpost where students can go for assistance and these always include contact details or QR codes.

Leaflets are also easily accessible within the College giving advice, useful information and contact details of organisations that can help.

Our tutoring system involves weekly group meetings with a student's dedicated tutor where content is delivered in-line with a centralised tutoring programme. The topics covered are varied and do include information on health issues; resilience; wellbeing; mental health; diversity; careers; next steps; stress and dealing with stress; financial

independence. The weekly session is also a chance for a student to arrange to speak one to one with their tutor.

The College monitors attendance and the wellbeing of all students and uses the ProSuite reporting system to share important information including medical issues; mental health concerns; behavioural issues; academic issues and all other concerns that help to build a picture regarding the welfare of our students. All staff also have access to the centralised CPOMS (Child Protection Online Management System) Dashboard on the desktop of their PC or laptop, should a report be necessary to protect a student's safeguarding or wellbeing through the sharing of information with other stakeholders such as Social Services.